



NEWSLETTER No. 13

Phone: 5152 4395
Email: bairnsdale.ps@education.vic.gov.au
Website: www.bairnsdale754ps.vic.edu.au
Facebook: www.facebook.com/BairnsdalePrimarySchool

Office Hours 8.30am—4.00pm

Friday 14th May 2021

Our Vision Statement: 754 Primary School will maximise opportunities for its students to be resilient learners in an ever changing world.

The Values of 754 revolve around: Resilience, Responsibility and Respect. Our whole school approach of School Wide Positive Behaviour Support, is the Framework to support these values.

May:

Wed 19th: National Simultaneous Story Time

Mon 24th: Teaching Staff PD Day
****NO SCHOOL FOR STUDENTS****

754 Community Playgroup:
Every Thursday 9.00am - 10.30am

June:

Fri 25th: Last day Term 2

July:

Mon 12th: First day Term 3

Breakfast Club:

Every Monday and Thursday 8.15am - 8.45am

Principal's Message Week 4 Term 2

We had our 'Walk to School' day this morning and it was great to see some of our staff, students, parents and four legged friends come along and participate. Our students in Grade 3 and 5 have been undertaking NAPLAN throughout the week. I would like to congratulate all the students for demonstrating resilience and trying their best. I would also like to thank the staff for providing support to the students and ensuring that they have been able to complete the tests to the best of their ability.



Last Friday, our students in Grade 5 and 6 participated in the Winter District Sports. We had teams competing in Football, Netball, T- Ball and Soccer. I was able to watch all the teams and I was impressed by the student's sportsmanship and effort. I would like to thank the teachers for putting in the time to prepare the students for these events.

It is hard to believe that we are already half way through the term. It is timely reminder to continue to talk your children about their learning. Please feel welcome to contact the classroom teacher if you have any questions or concerns.



Simon Blake
Principal

There is **never** an occasion when violence is an acceptable behaviour.

754 Community Playgroup:

Our **FREE** 754 Community Playgroup will recommence on Thursday 29th April and will run every Thursday during school terms from 9.00am - 10.30am in our Library. Fruit will be provided for the children as well as tea and coffee for parents. The Playgroup is open to all members of the Bairnsdale community. Please call the school on 5152 4395 if you require further information.



School Assemblies:

Parents, Carers and extended family members are now able to attend our weekly Assemblies on Monday mornings in the hall. It will be lovely for those students receiving awards to look out and finally see a Parent/Carer enjoying the achievement with them.

Year 6 to Year 7 Application For Placement:

These forms were due back today (Friday 14th May) however I still have some families that have not returned them. These need to be returned asap. Thank you

Bairnsdale Secondary College Information Evening

On Wednesday May 19th Bairnsdale Secondary College will be conducting an Information Evening for students currently in grade 5 and 6. Please see page 8 of this newsletter for more information regarding the time and how to register your intention to attend.



Drop Off and Pick Up:

Just a brief reminder to parents - please avoid dropping off or picking your children up from the bus zone in McCulloch Street.

Grade 5/6 Nagle College Expo Visit:

On Tuesday May 18th our grade 5/6 students will visit Nagle. They will travel by bus from our school leaving at 9.15am and returning by 12.30pm. Please ensure your child is wearing the correct school uniform (754 uniform) and that they have snacks and a water bottle as they will spend first break at the College.



Collecting Children:

If you need to collect your children from school for appointments etc. please come to the office and we will call the classroom and have your child sent over. We are still having parents/carers going directly to the classroom and taking children without having them signed out first. Although parents/carers are allowed back onsite we are still not able to have parents entering the classroom without an appointment. Thank you

Hand, Foot and Mouth Disease:

We have had a confirmed case of Hand, Foot and Mouth disease at our school. Please see page 8 of the newsletter for some information about this virus. Students must remain at home until all the fluid in the blisters have dried.

Dysons Town Bus:



Please remember to provide your child with bus money of \$1.20 each time they travel on the Dysons Town Bus. This bus is **not a free** service and staff are sometimes left out of pocket having to pay for a child to travel. Children have been known to spend bus fare money at the canteen so please have a chat to them about what the money is to be used for. Thank you

Playground Boat - Free:

Over the next few months we are invigorating some areas of our playground. We would like to be able to rehome the fiberglass boat that is in the junior school playground. If you would like to take the boat please call the school to arrange a time to pop in and have a look.



**** Student of the Week Awards ****

- Prep A:** **Athera Stephenson** for being a resilient learner. She always has a go and tries her best with her learning. As a result she is doing very well. Great work Athera, we are very proud of you.
- 1/2 A:** **Gurmanjot Brar** this week you have been better at being respectful. We only need to tell you once to do something. You are listening to other people's opinions and respectfully responding. I love how you are caring for others when dealing with playground problems.
- 1/2 B:** **Haven Davies** has shown resilience this week by problem solving and trying again when something doesn't work the first time. She has worked at improving her writing with interesting words and re-reading to make sure it makes sense. Keep up the great work Haven. We are so proud!
- 1/2 C:** **Phoenix Mills** you have shown fantastic RESILIENCE this term. You have shown problem solving skills when things don't go your way and always kept a smile on your face. Fantastic Work Phoenix!
- 3/4 A:** **Pheobe Fields** was very resilient and tried her very best during the NAPLAN tests. In class, she always waits for her turn to share her ideas and opinions. She listens to others' point of views. It is great to have you in our class!
- 3/4 B:** **Kayla Oveson** has done a fantastic job this week of taking on feedback and asking for help with her work. Kayla did an outstanding job during NAPLAN by being her resilient best. Well done Kayla!
- 3/4 C:** **Akaydia Goodchild** attended all 4 NAPLAN tests and completed them to the best of her ability. She has been positive and hard working all week.
- 5/6 A:** **Jakiita Hood-Dow** shows resilience by always having a go and trying her best. Jakiita should be congratulated for her efforts.
- 5/6 B:** **Harry Kerr** for his resilience at winter sports on Friday. Harry was encouraging others after they lost their first game and kept the teams spirits high. Great work Harry!
- 5/6 C:** **Anna Bence** you are getting better and better at persisting with tasks and following instructions. You have been working harder and harder in Maths. You have stayed focused on tasks and you have had had some amazing results, even when you didn't believe you could finish. You have every reason to be proud of yourself. Well done!



Canteen is open for lunch orders on Tuesday to Friday.

Orders need to be in by 9.15am

Snacks are available from the canteen during first break, prices start at \$1.00



**** Specialist Class - Star of the Week ****



Ezel Kahui-Nicholls 34C

For being a keen and hardworking student who shows great skill in our Physical Education classes.

Mr O'Brien



Rocky Wetere-Katipa 12A

For being resilient during Science lessons about 'Physics and Light'. Rocky showed Resilience by having a go and making good guesses when answering questions about light and also re-doing his work when needed. Rocky also helped others with their work showing a lovely respect for his classmates. Well done Rocky keep up the great Science work.

Mrs Padula

Felix Virtue 12A

For being resilient and doing a fantastic job paper weaving. Well done Felix!

Ms Backman



754 Science Fair Poster Competition

This is an invitation to all 754 students interested
in designing and creating to design a
754 Science Fair Poster

The poster will be used to promote our Science Fair to our own school
community and to send to other schools to invite them along.

Competition Rules:

- Your finished poster should be A3 size and include words and pictures.
- You can use any medium or approach for your design, for example pencils, ~~textas~~, paints, photographs, cartoons, digital art, words, collage - anything you can do.
- **Your poster must include the following information:**
 - 754 Science Fair
 - Celebrating National Science Week
 - Tuesday 17th August 2021
 - 5pm-7pm in the 754 School Hall
- **Your poster must also include pictures about Science.**
- You can enter as an individual or as a team of students.
- Each student can only submit one individual entry or be part of one team entry.
- Your work must be your work – no adult help is allowed.
- **Strict Deadline for entries: 3.15pm, Monday 24th May, 2021.**
- You must deliver your entry to the school office and then fill out a Science Fair Poster Competition Entry Form (available at the office once you submit your entry).

How the competition will work:

- After the deadline, the **Shortlisting Panel** will meet to decide on three finalists.
- Shortlisting Panel members: Mrs Padula, Miss Backman, Mrs Hawtin, Mrs Clarke, Miss Bell
- The three finalists' posters will be shown to all 754 students in Science Class and each student will vote for their favourite. 754 staff members also have a vote each.
- Votes will be counted by Mrs Padula and Mrs Counsell.
- The poster with the most votes will be the winner.
- In the event of a draw, the Shortlisting panel will decide the winner.

Prizes:

The winner/s will be announced in the School Newsletter and at School Assembly
The winning artist/s will receive a certificate and a Science Kit of their choice to the value of \$75.
The two runners up finalists will receive a Science book each to the value of \$20 each.
If the winning artwork is a team effort, team members share their prize as a team.

Bairnsdale Primary School - 754

324 Main Street, Bairnsdale

Commencing Thurs 29th April 2021

Playgroup

9.00am - 10.30am

Thursday Mornings in the Library



LEARNING THROUGH PLAY

- ✓ Socialise
- ✓ Think creatively
- ✓ Practise real world skills
- ✓ Create positive attitudes towards learning
- ✓ Overcome barriers

Everybody Welcome
Open for kids from birth to
pre-school

Parents, Grandparents, Aunties, Uncles
and Family Friends all Welcome.
Tea/Coffee and Fruit Snacks Provided



Grade 5 and 6 Information Evening

**Wednesday May 19th 2021
5.30pm - 7.30pm**

**Bairnsdale Secondary College wishes to invite Students,
Parents and Carers to an Information Evening.**

**McKean Street Campus will be open for inspection.
There will be an information session with
presentations from current Year 7 students,
College Captains and College Leaders.**

**To register please contact the College on 5150 4800 or
email bairnsdale.sc@education.vic.gov.au prior
to the evening to ensure numbers are Covid safe.**

Hand, foot and mouth disease

Hand, foot and mouth disease (HFMD) is a viral infection that causes a rash or blisters on the hands and feet, as well as in or around the mouth. There are two types of viruses that cause HFMD, and the symptoms vary depending on the virus.

HFMD mainly affects children under the age of 10, but can also affect adolescents. It spreads easily from one person to another. It is possible to contract the virus more than once, but the symptoms will be less severe.

HFMD is not related to the foot and mouth disease that is found in animals.

Signs and symptoms of HFMD

Symptoms usually start three to seven days after becoming infected, and can last from seven to 10 days. If your child has HFMD, they may feel tired, have a fever, and have a rash. Depending on which virus your child has, the skin rash can look like:

- Small, oval, white blisters on the palms, soles of the feet, as well as in the mouth. Your child may have a sore mouth and throat, leading to poor appetite or risk of dehydration (drinking and eating can be painful because of the mouth blisters).
- A red skin rash with a brown scale on it. The rash appears on the outer arms, hands, legs, feet, around the mouth and upper buttocks. The trunk is usually relatively clear. Sometimes there are blisters present, but they are not usually in the mouth and your child can eat and drink as usual.

The blisters should not be itchy like chickenpox blisters. If your child has eczema, the HFMD can cause the eczema to worsen and potentially become infected with bacteria.



How is HFMD spread?

HFMD is most commonly caused by the coxsackie virus. The main way HFMD spreads is through contact with the fluid from inside the blisters, or with the droplets spread from sneezing and coughing. The virus can also be present in bowel movements (poo) for up to several weeks after the person has recovered.

To prevent the spread of HFMD:

- Wash your hands thoroughly after touching your child's bodily fluids. This includes touching their blisters, helping them blow their nose, and changing nappies or helping with toileting.
- Make sure your child doesn't share items such as cutlery, drinking cups, towels, toothbrushes and clothing.
- Keep your child home from school, kindergarten or child care until all the fluid in their blisters has dried.

**FREE
ENTRY**



RIDE

THE WETLANDS

Sunday 16th May

Registration from 8.30am
Rides commence at 9:30am

All ages and abilities



BOOK NOW

Fun Activities & Games | Food Vans | Family Entertainment





Walk Safely To School Day



There is **never** an occasion when violence is an acceptable behaviour.



Twin Rivers Lions Club Inc Wellness in Action You're Invited!

"WELLNESS IN ACTION"

is proudly hosted by

Twin Rivers Lions Club Inc PO Box 172, Swan Reach Vic

Mob: 0432 188 295 E: twinriverslions93@gmail.com

Fridays during May & June

At 10am for cuppa followed by our Guest Speaker

at the

St Columbs Anglican Church Hall

Cnr Princes Hwy & Swan Reach Rd, Swan Reach

**(off-street carparking at the back of property; entry off either street/highway –
park vehicle facing fence)**

Enquiries: Twin Rivers Lions Club Inc

Mobile: 0432 188 295 FACEBOOK: Twin Rivers Lions Club

ACKNOWLEDGEMENT

Twin Rivers Lions Club Inc acknowledges and thanks the East Gippsland Shire Council and Regional Development Victoria for the support in all advertising material, speeches, flyers etc.

Friday, 21st May @ 10am

Mental Health and Wellbeing



Hi my name is Julie Mackay and this is my dog Rubee. Well, Rubee won't be attending our talk but we will probably end up talking about Rubee. I am a Registered Mental Health Nurse with a passion for Mental Health and Wellbeing promotion.

I work in the crisis team at Bairnsdale Community Mental Health Services and would love to share some of my experiences and knowledge with you. We will discuss local mental health services, talk about common mental health disorders and illnesses, early warning signs and what to look out for, how we can help others and most importantly how we can look after our own mental wellbeing.

There will be time for questions and answers, and we will explore further training options for anyone that is interested. Come and find out how Rubee helps me with my mental wellbeing.

Julie Mackay (RPN), Mental Health Promotions Officer, Latrobe Regional Hospital



You're Invited!

Twin Rivers Lions Club Inc's – Dinner & Social Gatherings

3 Special Dinner Evenings each with an amazing Guest Speaker

PRE- BOOKINGS REQUIRED (limited places available)

Ring M: 0432 188 295 to reserve your place



Your opportunity to hear and personally chat with the founder, Melinda Shelley, 123 READ 2 ME HEAR her passion

Calling all parents, grand parents, teachers, early childhood carers / trainers

TWIN RIVERS LIONS CLUB DINNER & SPEAKER

Wednesday, 19th May 2021 @ 6.30pm

Swan Reach Hotel – Function Room
Meals & Beverages @ Bistro/Bar self order/pay

Annual Change-Over Dinner

Guest Speakers: Melinda & Jeff Shelley

**Founder & CEO respectively
123 READ 2 ME LIMITED**

6.30pm Pre Dinner drinks

7.00pm Dinner served

7.30pm Induction of the new Board 2021-2022

7.40pm Induction of new members

7.45pm Guest Speakers

PRE-BOOKING ESSENTIAL ring: M: 0432 188 295

Melinda and Jeff are in East Gippsland for ONE NIGHT ONLY – THIS IS A “MUST DO”

TWIN RIVERS LIONS CLUB DINNER & SPEAKER

Wednesday, 16th June

@ 6.30pm

Swan Reach Hotel – Function Room



Happy 2nd Birthday

Guest Speaker: Cr Arthur Allen

Meals & Beverages @ Bistro/Bar
self order/pay

Pre-bookings required ring: M: 0432 188 295

TWIN RIVERS LIONS CLUB DINNER & SPEAKER

Wednesday, 21st July 2021

@ 6.30pm

Swan Reach Hotel – Function Room
Meals & Beverages @ Bistro/Bar self order/pay



**Guest Speaker: Rod Jackson, LEHP
Lions Vision Screening Program**

Pre-bookings required ring: M: 0432 188 295























2021 Canteen Menu





Meals

Drinks & Snacks

Beef Lasagne	\$6 ⁻⁰⁰	
<i>Bolognese sauce with hidden vegetables and béchamel sauce</i>		
Fried Rice	\$5 ⁻⁰⁰	
<i>Rice with ham, onion, peas and carrot fried with soy sauce</i>		
Pizza	\$4 ⁻⁵⁰	
<i>Wholemeal base with your choice of ham, cheese and pineapple</i>		
Salad Sandwich or Wraps	\$4 ⁻⁰⁰	
with Ham	\$4 ⁻⁵⁰	
<i>Lettuce, tomato, cheese, beetroot and cucumber on wholemeal bread/wrap</i>		
Sausage Rolls	\$3 ⁻⁵⁰	
Large Sausage Roll		
(Please ask for sauce)		
Chicken Burger	\$4 ⁻⁰⁰	
<i>Chicken burger, cheese, lettuce and mayonnaise</i>		
Nachos	\$4 ⁻⁰⁰	
<i>Corn chips with tomato salsa and cheese</i>		
Toasted Sandwich	\$3 ⁻⁵⁰	
<i>Your choice of ham, cheese and tomato</i>		
Steamed Dim Sims (ea)	\$1 ⁻⁵⁰	
<i>(Please ask for soy sauce)</i>		
Party Pies	\$1 ⁻⁵⁰	
Party Pasties	\$1 ⁻⁵⁰	
<i>(Please ask for sauce)</i>		
Meat Pies	\$4 ⁻⁰⁰	
<i>(Please ask for sauce)</i>		

Flavoured Milks	\$2 ⁻⁵⁰	
Chocolate or Strawberry		
Juice Box	\$2 ⁻⁰⁰	
<i>Apple, Orange or Tropical</i>		
Pop Corn	\$1 ⁻⁰⁰	
Fruit Muffins	\$2 ⁻⁰⁰	
<i>Berries with bran and low sugar</i>		
Yoghurt	\$2 ⁻⁰⁰	
<i>No sugar, low fat</i>		
Fresh Fruit	\$1 ⁻⁰⁰	
<i>Apple or orange</i>		
Frozen Crunchas	\$1 ⁻⁵⁰	
<i>Orange or Cola. Made in Australia from fruit concentrate</i>		
Ice Cream in a Cone	\$2 ⁻⁰⁰	
<i>Chocolate or Vanilla - single serve only</i>		

 Foods marked green are healthy food choices. This is guilt-free canteen food, which is low in sugar, salt and fat.

 Foods marked amber are foods that should only be eaten in moderation as part of a healthier diet. These foods contain significant levels of salt, sugar and/or fat.

The canteen is endeavouring to improve the quality of food available to students. We are reducing the number of unhealthy manufactured goods. This inevitably increases the labour and time involved in making healthier options.

Volunteer help would be greatly appreciated if parents/caregivers have some time to spare. Even an hour a week we be of help. Please see the School Office or Devon in the Canteen for more details.

Paper Bags (if not provided) - Please add 20c




















Write the lunch order on a clean brown paper bag and remember to include your Child's name and Class. Lunch orders are placed in the basket in the classroom before 9.00am. Late orders may not be accepted.

Remember the Canteen is only open from Tuesday - Friday.

Bairnsdale Primary School (754)

Matrix - SWPBS Expectations

We all come to school to learn!	RESPECT	RESPONSIBLE	RESILIENT
CLASSROOM	<ul style="list-style-type: none"> Use excellent manners Be organized Listen to instructions 	<ul style="list-style-type: none"> Always make positive choices Own your own behaviour Be at line up on time 	<ul style="list-style-type: none"> Be sensible Be brave and persevere Always have a go and try your best Accept the consequences of your behaviours 
CORRIDOR MOVING AROUND THE SCHOOL	<ul style="list-style-type: none"> Walk safely and quietly Close doors gently Know personal space 	<ul style="list-style-type: none"> Go straight to your destination Wait quietly 	<ul style="list-style-type: none"> Wait your turn Be a role model Respond appropriately 
PLAYGROUND	<ul style="list-style-type: none"> Use common sense Own your own behaviour Respect others personal space and property 	<ul style="list-style-type: none"> Enjoy sensible and fair play Plan your play time Pack away equipment Always include others 	<ul style="list-style-type: none"> Solve your own problems Apply common sense Adapt when things don't go your way 
BUS	<ul style="list-style-type: none"> Use excellent manners Show a positive attitude Keep the bus clean 	<ul style="list-style-type: none"> Seat belt on Quiet voice Stay seated Own your own behaviour 	<ul style="list-style-type: none"> Try to solve your own problems Ask for help 
TOILETS	<ul style="list-style-type: none"> Wait your turn Respect others privacy Keep toilets tidy 	<ul style="list-style-type: none"> Use the toilets during break times Wash and dry hands Use toilet and sink correctly 	<ul style="list-style-type: none"> Solve your own problems Ask for help 
ASSEMBLY	<ul style="list-style-type: none"> Always clap for achievements Sit look and listen Use excellent manners 	<ul style="list-style-type: none"> Keep hands feet and objects to yourself 	<ul style="list-style-type: none"> Be pleased for others 