



# NEWSLETTER No. 18

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Website: [www.bairnsdale754ps.vic.edu.au](http://www.bairnsdale754ps.vic.edu.au)  
Facebook: [www.facebook.com/BairnsdalePrimarySchool](http://www.facebook.com/BairnsdalePrimarySchool)

Office Hours 8.30am—4.00pm

Friday 28th October 2022

**Our Vision Statement:** 754 Primary School will maximise opportunities for its students to be resilient learners in an ever changing world.

**754 Values:** Resilience, Responsibility and Respect.

Our whole school approach of School Wide Positive Behaviour Support, is the Framework to support these values.

## October

**Mon 31st: Student Free Day**

## November

**Tue 1st: Melbourne Cup Public Holiday**

**Wed 2nd:** Grade 3/4 Camp

**Fri 4th:** Prep Transition 9am - 10.30am

Grade 3/4 students return from camp

## November

**Mon 7th:** Book Fair - All Week

**Fri 11th:** Prep Transition 9am - 10.30am

**Fri 18th:** Prep Transition 9am - 11.45am

**Fri 25th:** Prep Transition 9am - 11.45am

**Hats are back  
in Term 4**



### Breakfast Club

Monday & Thursday Morning

### Canteen

Tuesday to Friday

### Smalltalk Playgroup

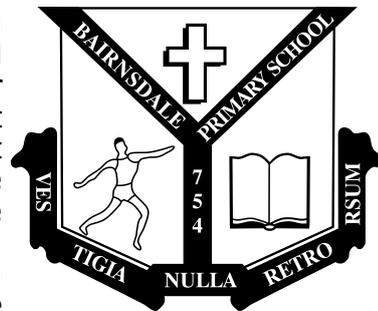
Tuesday Morning 9.30 - 11.30

## Principal's Message

Week 4 - Term 4

### Does our logo represent our school?

This is the question that I posed to School Council last week. After a very engaging discussion, we have decided to review our logo and undertake a process where the students, staff, parents and the wider school community will be able to participate. I am very cognisant that some people will have strong ties to this logo as they might be a past student, staff member, parent or they may have played a role in the creation of the logo. However, the school has an obligation to ensure that we are representing and catering to all of our students, staff and parents. I will be providing more information in regard to this matter in the coming weeks. If you have any questions, then please don't hesitate to contact me at school.



### Ready Set Go

Our transition program for Prep students (2023) has begun. It has been great to welcome new families to our school and to also see younger siblings of present students beginning their journey. If you know any families that are considering 754 for their child next year, please let them know to contact the office for further details.

**Simon Blake  
Principal**



There is **never** an occasion when violence is an acceptable behaviour.

### Canteen:

The school canteen is open from Tuesday - Friday during the school Term. Please see an updated menu that is located toward the end of the newsletter.



### Smalltalk Playgroup:

Starting Tuesday 23rd August we will be hosting a Playgroup in the school hall from 9.30 - 11.30am The Playgroup will be run by 54 Reasons. Please see the flyer further down in the newsletter for details.

### SunSmart Policy:

Please be reminded that as per our Sunsmart Policy all students **must wear** a SunSmart hat in Term 4 whilst outside at all times. Students without a hat will be required to stay in an undercover area as we have no spare hats.



### Correct School Uniform:

We are seeing a large number of students coming to school not wearing the correct school uniform. Correct attire is as follows: Black pants, shorts, black leggings or skorts. Green and white check school dress. Bottle green or white polo tops, these do not have to have the school logo on them. Sunsmart hat in Term 4 and appropriate shoes. **Bike shorts** are **NOT** appropriate for students, they must be basketball shorts or knee length shorts.

### Grade 3/4 Camp:

Could parents/carers please return the camp consent and medical forms by Wednesday 19th October. If your child is **NOT** attending please let the office know asap. There is also a section on the consent form where you can indicate that your child will not be attending camp. Camp must be paid for in full by **Friday 28th October** unless you have a payment plan already in place.

### Family Invoices:

Family Statements were sent home with students last Friday. Please remember to check your child's schoolbag. If you need to pay for camp or other fees our banking details are included on the statement. Please note we now have new bank details with the CBA and are no longer with Bank Australia.

### Unwell Students:

To support the health and wellbeing of all our students and staff if your child is ill or feeling unwell, even with a simple cold, **please keep them home** until they are feeling better and symptoms have dissipated. If your child becomes unwell during school hours we will call for someone to collect them.



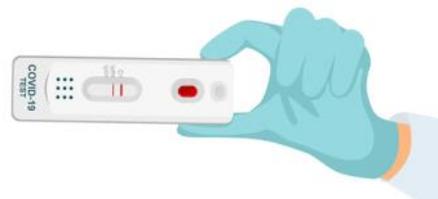
### COVID-19 isolation requirements have changed

The Victorian Government has announced the end of the Pandemic Declaration and associated Pandemic Orders.

The following settings, based on advice from the Department of Health, will apply from 11.59pm Wednesday 12 October 2022.

#### **It is strongly recommended that students:**

- who test positive to COVID-19 stay home and isolate for 5 days
  - should not attend school after 5 days if still symptomatic
  - who are symptomatic but have not tested positive should not attend school
- advise the school of the COVID-19 positive test result



Where **students** become symptomatic at school they should:

- be collected by their parents/carers
- undergo testing for COVID-19

### Library Books:

Could all parents/carers have a look around the house for any school books please. We have a large number of students with overdue books.



### Graduation Mementos:

Notes were sent home with each Grade 6 student on Wednesday regarding Grade 6 Graduation Memento Owls. If you would like to purchase one for you child please return the form with payment. Students will be handed the Owls on Graduation night to be signed. Students will be asked not to bring the Owls to school after Graduation Evening.



### 2022 Year Book:

Order forms for the 2022 year book were sent home this week. If your wish to order a Yearbook, please come to the School Office. Yearbooks cost \$15.00 each and will be available in December.



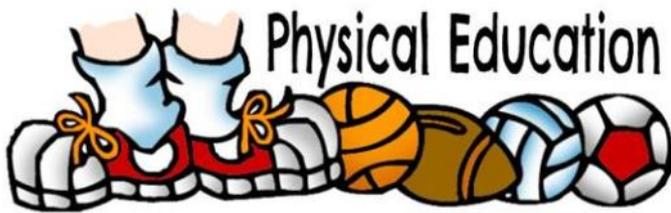
## Playtime at 754



## Grade Prep visit to Dala Yooro Kindergaten

There is **never** an occasion when violence is an acceptable behaviour.

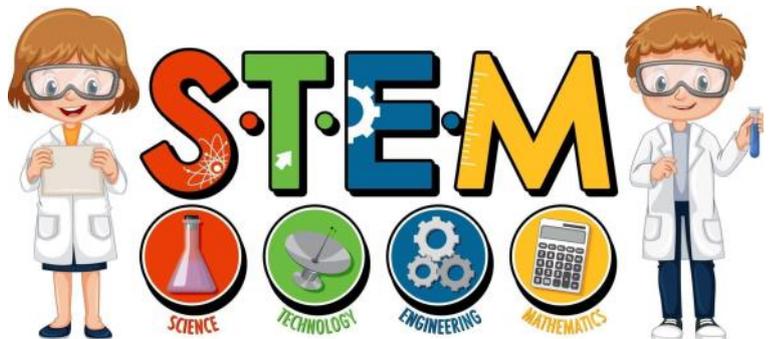
## **\*\* Specialist Class - Star of the Week \*\***



**Week 2:** Sophie Knight for helping and encouraging others to stay involved in activities in our Phys Ed classes.

**Week 3:** Huzefa Pishori for working really hard and pushing yourself to do well in our fitness testing program

**Mr O'Brien**



**Week 2:** Jack Smith for always taking his S.T.E.M. work seriously by showing respectful listening, asking thoughtful questions and being a kind and thoughtful classmate.

**Week 3:** Maddison Whitby who responsibly does her S.T.E.M. work to a high standard while also being a very reliable and pleasant class member.

**Mrs Padula**



**Week 2:** Week 2: **Logan Townsend** for being super resilient when making his clay coil pot. Well done Logan!

**Week 3:** **Robbie Tavale** for doing an amazing job taking and editing his photos during our photography unit. They are looking amazing! Well done Robbie!

**Ms Backman**

# **\*\* Student of the Week Awards \*\***

## **Week 2—Term 4**

**Prep A: Beau Turner** has had a great start to term 4. He is always respectful, responsible, and resilient. Beau is a kind and considerate class member. He always uses his manners, and he is working hard on trying to include everyone. Keep up the great work Beau, we are so proud of you!

**Prep B: Halle Chippindall** you continually display RESPONSIBILITY towards your learning by focusing your attention on the person speaking, trying your best and taking on feedback. Well done Halle, we are so proud of you!

**12A: Isabelle Cowie** for taking responsibility of her own learning. Isabelle you always choose the best spot for your learning, listen to both teachers and classmates during teaching and learning time. You also take responsibility for both school resources and your own belongings. Well done Isabelle, keep it up!

**12B: Josiah Ritchie** for being responsible during math groups. Josiah played math fluency tasks responsibly with his partner, setting a good example for the rest of his peers. Great effort Josiah

**12C: Janaya Cooper's** attendance has improved over the last 2 weeks. It has been nice to see your smiling face at school.

**34A: DJ Pott** is an amazing student. He is very responsible with his learning. He starts his work swiftly and stays on task the whole time. He applies himself in every subject: DJ is incredible!

**34B: Jordan Brennan** every morning when you walk into the classroom, you immediately start putting out everyone's chairs. You never have to be asked or told. You just do it! You are also working on becoming more Responsible for your choices and we hope to see you continue this path. Great effort, Jordan!

**34C: Sophie Knight** Sophie has been spotted showing a new, fierce determination to challenge herself in her learning. She is taking on more res. Keep it up, Sophie - it's so wonderful to watch you grow!

**56A: Annabelle Nickless** for consistently showing responsibility at school as well as putting an amazing effort into her passion piece for our writing focus this term. Well done Annabelle, Keep it up!

**56B: Alec Cross** I can see that you have tried many different text types during our 'passion project' unit. They are quickly completed and then improved in conferences. I look forward to reading even more Alec!

**56C: Torah Coleman** for the responsibility she takes for her learning. Torah looks for opportunities to improve, seeking and applying feedback on her work. Well done Torah!

**56D: Shania Pott** for demonstrating care and respect for her new school environment and towards her peers.

# **\*\* Student of the Week Awards \*\***

## **Week 3 - Term 4**

**Prep A: Leo Bui** always tries his best in everything he does. He has been working hard at reading his magic 100 words and now knows 100 words. He has been working hard on reading fluently and understanding what he has read. Keep up the fantastic work Leo, we are super proud of you!

**Prep B: Korra Stevens** you have displayed a fantastic amount of Resilience in writing. When challenges arise, you have been working to use resources in the classroom to help you. We are so proud of you Korra, keep up the amazing work!

**12A: Wyatt Nickless** for showing great resilience during the grade 2 sleepover. When some activities were challenging Wyatt showed great resilience, he never gave up, he didn't complain, instead he maintained his usual cheerful and positive nature. Well done Wyatt!!

**12B: Joshua Pott** for showing resilience when attending the Grade 2 sleepover. Josh was new to the school and still participated in the Grade 2 sleep over, making new friends and having a great night. Well done Josh!

**12C: Audrey Percival** is a contender for the class award every week. She is consistently patient, determined and kind during her schooling. Audrey always pays attention to her teachers and can use their feedback to improve her knowledge, Great work Audrey!

**34A: Shakur Perry** is becoming more and more resilient. When things get hard, Shakur has a bag of tricks to manage his emotions and end the day on a positive note. Shakur is an outstanding student, keep up the good work.

**34B: Alyvia Owen** since the start of Term 4, we have watched you become more and more resilient each and every day. It's amazing to watch you blossom into a student who is trying harder, working better and be willing to try new activities. We are so proud of you, Alyvia!

**34C: Grace Hutchins** has made an outstanding start to her new life at 754 and is already part of our family in 3/4C. It's not easy starting over in a new school but she has impressed us all with her maturity and confident attitude. We are really loving the chance to get to know you and are enjoying your love of learning, friendliness and fabulous sense of humour! Well done and welcome, Grace!

**56A: Cohen Peaty-Brooks** for showing great resilience and responsibility when representing 754 at regional athletics and district cricket he did his best, represented 754 well and kept going even though he found it challenging. He also shows great resilience in the classroom and has been putting great effort into his writing and Maths.

**56B: Zane Kerr** Last 3 weeks I have seen PASSION during your 1<sup>st</sup> Part of your Passion Project Unit. You proved me wrong and completed your first instalment!

**56C: Tim Pham** for being resilient in the classroom. Tim always has a go and tries his best and perseveres when the going gets tough. Well done Tim!

**56D: Oscar Virtue** for keeping an open mind with his passion piece of writing, being really brave to change and explore new ideas.

# On Wednesday our whole School enjoyed a performance by 'Zimboyz'



There is **never** an occasion when violence is an acceptable behaviour.

# 54 reasons



## SMALLTALK

### Supported Playgroup

- The smalltalk playgroup is a fun time for you to share with your child. The smalltalk playgroup gives your child the chance to learn, grow and prepare for school.
- All families with children aged 0-5 years are welcome to attend.



Phone Jade for more information  
5153 7500 – 54 Reasons Office  
0477 738 303 – 54 Reasons Mobile

#### Come and join us for:

- lots of play activities
- craft
- music and story time
- fun and friendship
- support with parenting

#### Program Time & Location:

Every Tuesday 9.30-11:30am - starting 23<sup>rd</sup> August 2022

Bairnsdale Primary School 754

324 Main Street, Bairnsdale

Entrance via back gate on Nicholson street.



Funded by the Victorian Government. Smalltalk developed by the Parenting Research Centre



54 reasons Australia acknowledges Aboriginal and Torres Strait Islander people as the traditional owners and custodians of the land on which we work, and their continuing connection to land, sea and community. We pay our respect to their lore, and to Elders both past and present. We also pay our respects to all Aboriginal and Torres Strait Islander children as they will become our future leaders, Elders and Custodians of Country.

There is **never** an occasion when violence is an acceptable behaviour.



# No Scaredy Cats

**Free live ONLINE** program for parents of children aged 2 to 12

## REDUCING ANXIETY AND BUILDING RESILIENCE IN CHILDREN

### Parents will learn

- An overview of how a well-honed theory of parenting (what you need to repeatedly do) can assist parents to manage children's worries.
- Coverage of how some misguided policies are making parents and children more anxious.
- The brain, including how the pre-frontal middle cortex and the amygdala operate, and where fear and anxiety originates.
- Commonly misused phrases and cognitive distortions used by children and their peers.

- A helicopter view of what risks we can allow and which require us to keep children safe.
- 'Traps and trip wires': what to do when a child's amygdala starts to play-up.
- Memorable strengthening sayings, questioning strategies and mindfulness exercises.

### Parents will receive

- A **FREE** workbook (valued at \$12) to apply the concepts learnt
- A Certificate of Completion

***Do this program LIVE FROM THE COMFORT OF YOUR OWN HOME! Or come in and do it in person***

### When?

**11:30am – 2:30pm**

Over 3 Tuesdays:

**November 29<sup>th</sup>**

**December 6<sup>th</sup>**

**December 13<sup>th</sup>, 2022**

### Cost?

**FREE**

### Get in touch

**Bookings are essential as places are limited!**

### Facilitated by:

**Mark Brookes**

Please contact:

**Uniting Gippsland**

**5662 5150**

[gippsland.leongatha.reception](mailto:gippsland.leongatha.reception@vt.uniting.org)

[@vt.uniting.org](mailto:vt.uniting.org)

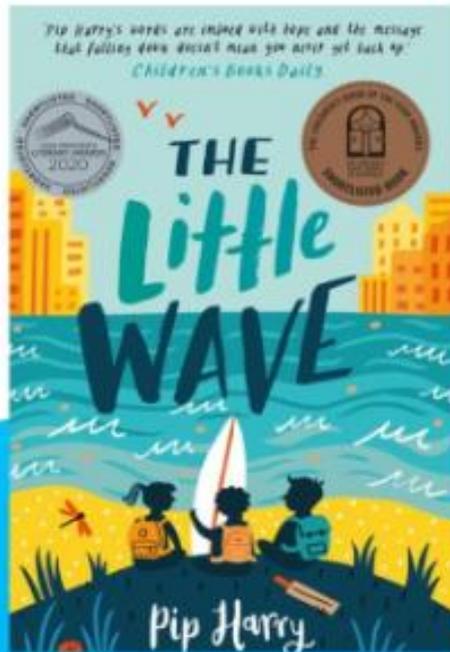
**Parentshop**  
making parenting easier

**Uniting**



# KIDS BOOK CLUB 8-15 YEARS

Free Children's  
Week Event



When: 25 Oct at  
4.15 pm at  
Schoolworks.  
Bookings Essential  
Ph: 51524086



## Interactive Book Club with Pip Harry, Award Winning Author

Limited copies of *The Little Wave* can be borrowed from Schoolworks Supplies, 147 Macleod Street, Bairnsdale (Refundable deposit of \$5.00). You can also borrow *The Little Wave* from School or Public Libraries

For: Children 8-15 years, Parents, Educators, Librarians, Creative Writing Groups & U3A members. Unite communities through good Australian books.





# Teams Triathlon

Community Event  
Paynesville Foreshore



**Sun 20th Nov 2022**



200m Swim | 7km Cycle | 2km Run

TEAMS OF THREE

Further details go to [www.rivieratriathlonclub.com.au](http://www.rivieratriathlonclub.com.au)

- Major Prize -

2 nights accommodation -  
Peppers Silo Resort, Launceston/Return Flights & Car Hire

**All entrants have a chance to win the major prize**

Proudly sponsored by East Gippsland Sports Foundation and Riviera Triathlon Club.





## JOIN THE PARKRUN FAMILY

**WALK, JOG, RUN, VOLUNTEER**  
or simply come and watch – it's up to you!

### FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

### FUN FOR ALL THE FAMILY

Prams and dogs can take part

### IMPROVE HEALTH & FITNESS

Be active in the open air

### DEVELOP NEW SKILLS

Opportunities to volunteer

### FREE & EASY TO TAKE PART

No need for special equipment or clothing

### YOU DON'T HAVE TO RUN

Volunteering is a great way to get involved

### BE PART OF A COMMUNITY

Make new friends and socialise

### BUILD CONFIDENCE

Track progress and achieve new goals

Register at [parkrun.com.au](http://parkrun.com.au)

notes:



**#BAIRNSDALEPARKRUN**

[www.parkrun.com.au/bairnsdale](http://www.parkrun.com.au/bairnsdale)



# 2022 Canteen Menu

## Hot/Cold Food

<b>* Beef Lasagne</b>	<b>\$6.00</b>
Bolognaise sauce with cheese and béchamel sauce	
<b>* Mac and Cheese</b>	<b>\$5.00</b>
<b>* Fried Rice</b>	<b>\$5.00</b>
Rice with ham, onion, peas and carrot fried with soy sauce	
<b>* Pizza</b>	<b>\$4.50</b>
Wholemeal base with your choice of ham, cheese and pineapple	
<b>* Salad Sandwich or Wraps</b>	<b>\$4.00</b>
with Ham	<b>\$4.50</b>
Lettuce, tomato, cheese, beetroot and cucumber on wholemeal bread/wrap	
<b>* Sausage Rolls</b>	<b>\$4.00</b>
Large Sausage Roll (Please ask for tomato sauce)	
<b>* Chicken Burger</b>	<b>\$4.50</b>
Chicken burger, cheese, lettuce and mayonnaise	
<b>* Nachos</b>	<b>\$4.50</b>
Corn chips with tomato salsa and cheese	
<b>* Toasted Sandwich</b>	<b>\$3.50</b>
Your choice of ham, cheese and tomato	
<b>Steamed Dim Sims (ea)</b>	<b>\$1.50</b>
(Please ask for soy sauce)	
<b>* Party Pies</b>	<b>\$1.50</b>
<b>* Meat Pies</b>	<b>\$4.50</b>
<b>* Hot Dog</b>	<b>\$4.00</b>
(Please ask for tomato sauce)	

**Remember the Canteen is only open from Tuesday - Friday**

## Drinks & Snacks

<b>* Flavoured Milks</b>	<b>\$2.50</b>
Chocolate or Strawberry	
<b>* Juice Box</b>	<b>\$2.00</b>
Apple, Orange or Tropical	
<b>* Pop Corn</b>	<b>50c</b>
<b>* Cheese Snacks</b>	<b>50c</b>
<b>* Fruit Muffins</b>	<b>\$2.00</b>
<b>* Yoghurt</b>	<b>\$2.00</b>
No sugar, low fat	
<b>* Fresh Fruit</b>	<b>\$1.00</b>
Apple or orange	
<b>* Cookies</b>	<b>50c</b>
<b>* Zooper Dooper</b>	<b>\$1.00</b>
<b>* Ice Cream in a Cone</b>	<b>\$2.00</b>
Chocolate or Vanilla - single serve only	

*Foods marked green are healthy food choices. This is guilt-free canteen food, which is low in sugar, salt and fat.*

*Foods marked red are foods that should only be eaten in moderation as part of a healthier diet. These foods contain significant levels of salt, sugar and/or fat.*

*The canteen is endeavouring to improve the quality of food available to students. We are reducing the number of unhealthy manufactured goods. This inevitably increases the labour and time involved in making healthier options.*

*Volunteer help would be greatly appreciated if parents/caregivers have some time to spare. Even an hour a week would be of help. Please see the School Office or Devon in the Canteen for more details.*

**Paper Bags (if not provided) - Please add 20c.**

*Write the lunch order on a clean brown paper bag and remember to include your Child's name and Class.*

*Lunch orders are placed in the basket in the classroom before 9.00am. Late orders may not be accepted.*



## Matrix – School Wide Positive Behaviour System Expectations

We all come to school to learn!	RESPECT	RESPONSIBLE	RESILIENT
<b>CLASSROOM</b>	<ul style="list-style-type: none"> <li>• Use excellent manners</li> <li>• Be organized</li> <li>• Listen to instructions</li> </ul> 	<ul style="list-style-type: none"> <li>• Always make positive choices</li> <li>• Own your own behaviour</li> <li>• Be at line up on time</li> </ul> 	<ul style="list-style-type: none"> <li>• Be sensible</li> <li>• Be brave and persevere</li> <li>• Always have a go and try your best</li> <li>• Accept the consequences of your behaviours</li> </ul> 
<b>CORRIDOR MOVING AROUND THE SCHOOL</b>	<ul style="list-style-type: none"> <li>• Walk safely and quietly</li> <li>• Close doors gently</li> <li>• Know personal space</li> </ul> 	<ul style="list-style-type: none"> <li>• Go straight to your destination</li> <li>• Wait quietly</li> </ul> 	<ul style="list-style-type: none"> <li>• Wait your turn</li> <li>• Be a role model</li> <li>• Respond appropriately</li> </ul> 
<b>PLAYGROUND</b>	<ul style="list-style-type: none"> <li>• Use common sense</li> <li>• Own your own behaviour</li> <li>• Respect others personal space and property</li> </ul> 	<ul style="list-style-type: none"> <li>• Enjoy sensible and fair play</li> <li>• Plan your play time</li> <li>• Pack away equipment</li> <li>• Always include others</li> </ul> 	<ul style="list-style-type: none"> <li>• Solve your own problems</li> <li>• Apply common sense</li> <li>• Adapt when things don't go your way</li> </ul> 
<b>BUS</b>	<ul style="list-style-type: none"> <li>• Use excellent manners</li> <li>• Show a positive attitude</li> <li>• Keep the bus clean</li> </ul> 	<ul style="list-style-type: none"> <li>• Seat belt on</li> <li>• Quiet voice</li> <li>• Stay seated</li> <li>• Own your own behaviour</li> </ul> 	<ul style="list-style-type: none"> <li>• Try to solve your own problems</li> <li>• Ask for help</li> </ul> 
<b>TOILETS</b>	<ul style="list-style-type: none"> <li>• Wait your turn</li> <li>• Respect others privacy</li> <li>• Keep toilets tidy</li> </ul> 	<ul style="list-style-type: none"> <li>• Use the toilets during break times</li> <li>• Wash and dry hands</li> <li>• Use toilet and sink correctly</li> </ul> 	<ul style="list-style-type: none"> <li>• Solve your own problems</li> <li>• Ask for help</li> </ul> 
<b>ASSEMBLY</b>	<ul style="list-style-type: none"> <li>• Always clap for achievements</li> <li>• Sit look and listen</li> <li>• Use excellent manners</li> </ul> 	<ul style="list-style-type: none"> <li>• Keep hands feet and objects to yourself</li> </ul> 	<ul style="list-style-type: none"> <li>• Be pleased for others</li> </ul> 